



Boodschappenlijst

Paling in 't groen

Voor 4 porties

- | | |
|--|---|
| <input type="checkbox"/> 800 g verse paling, in moten van circa 5 cm | <input type="checkbox"/> 30 g boter |
| <input type="checkbox"/> 300 g verse spinazie | <input type="checkbox"/> 200 ml droge witte wijn |
| <input type="checkbox"/> 1 bosje verse kervel | <input type="checkbox"/> 200 ml water |
| <input type="checkbox"/> 1 bosje verse platte peterselie | <input type="checkbox"/> 2 eidooiers |
| <input type="checkbox"/> 1 handvol verse zuring | <input type="checkbox"/> 1 eetlepel citroensap |
| <input type="checkbox"/> 2 takjes verse dragon | <input type="checkbox"/> zout en versgemalen zwarte peper |
| <input type="checkbox"/> 1 ui | |